

# Williamsburg Parks & Recreation

## *Leisure Times*

Quarterly Newsletter, Issue 2, 2006, April, May, June



## Meet the Parks & Rec Staff

### *Sixth in a Series*

**Facilities and Grounds Manager, Mike Gentry**, started with the City of Williamsburg in May 2003. He is responsible for the maintenance and up-keep of all parks and grounds operated by the Recreation Department as well as the daily operation of Waller Mill Park.

Mike is from Lowville, New York. He studied Public Management at Christopher Newport University and received certification in Parks & Recreation Management from NC State.

Mike has worked 15 years in local Virginia government overseeing athletic facilities and landscape maintenance. His family moved to the Finger Lakes region of New York in 2000 where he was the acting Director of Buildings and Grounds for a school district in Ontario County. He has worked closely with athletic directors and coaches throughout his career. Mike and his family moved back to the Williamsburg area in 2003. He has enjoyed working with the staff to provide quality maintained facilities for the community.



Mike and his wife have spent a lot of time at Waller Mill Park with their children, therefore it will always be a special place to them. They also enjoy visiting the sites in the historic area and going to the Farmers' Market at Merchants Square. Mike has said, "I am thankful to work and live in a key historic community that has so much to offer."

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### Quarterpath Pool Opens June 3rd!

See page 3 for details

### Location Key:

<b>QRC</b>	Quarterpath Recreation Center
<b>QP</b>	Quarterpath Park
<b>KP</b>	Kiwanis Park
<b>SBG</b>	Stryker Building Green
<b>WMP</b>	Waller Mill Park
<b>WCB</b>	Williamsburg Community Building

# Instructional Classes

**BALLROOM DANCING** - Offered by the Williamsburg Chapter of the United States Dance, Inc. Have fun and learn to dance. Individuals of all ages are welcome. ***No partner necessary, singles can join the fun also!*** Classes are held on Thursday nights. **Location:** QRC. For more information and to reserve a space, call Peg Boarman at 565-0032.

**DANCE** - Pre-Ballet, Ballet, and Jazz classes are offered year-round with a variety of classes and times for ages 3 to 18 years old. **Location:** QRC. Most classes filled from a waiting list. Call 259-3760 for more information or to be placed on the waiting list. **Instructors:** Sherrie Adams Geyer and Mary Meis.

**DOG OBEDIENCE** - Obedience classes are offered for dogs of all ages in the spring, summer and fall (no winter classes) at 6:30 p.m. and 7:30 p.m. All vaccinations must be current. Call 259-3760 for more information or to be placed on the waiting list. **Location:** SBG. **Fee:** \$35 for 5-week session. **Instructor:** Cathy Dodgen.

**TAE KWON DO** - This class is designed to increase confidence, physical fitness and concentration. For ages 6 and up. **Location:** QRC. **All belts** meet on Wednesdays, 7:00 to 8:00 p.m. and Saturdays, 4:00 to 5:00 p.m. Class can be joined at any time. **Fee:** All fees paid on a monthly basis. Call 259-3760 for current fee schedule. **Instructor:** Brad Tinnon.

**TAI CHI** - Is the ancient martial art exercise known for zero impact, stress relieving and healing benefits by using all the joints of the body to gently stretch the muscles and tendons. **Location:** QRC **Fee:** Call 259-3760 for fee schedule for each class. **Instructor:** Bill Hansell.

**Tuesdays - Tai Chi for Arthritis**  
12:15 - 12:45 p.m.  
April 4th - June 20th (12 weeks)

**Wednesdays - 24 Forum**  
12:15 - 12:45 p.m.  
April 5th - June 28th (13 weeks)

**LOW IMPACT AEROBICS** - The neo-shock flooring in the multi-purpose room is specifically designed to help reduce the chance of injury to the joints. Tennis or aerobic shoes are required. Class meets 8:15-9:15 a.m. on Monday, Tuesday, and Friday. **Location:** QRC. **Fee:** Call 259-3760 for monthly fee schedule. Fee is payable at the beginning of each month. **Instructor:** Jennifer Flowers.

**HATHA YOGA** - This class is designed to improve circulation, plus strengthen and tone the entire body while relaxing the mind. You will learn gentle Yoga postures to promote balance, poise and concentration to your individual readiness level. **Location:** QRC. Fees paid on a monthly basis. **Instructor:** Caroline Rogers.

**Day Class:** Wednesday, 10:00—11:30 a.m.  
**Evening Class:** Monday, 5:30—6:30 p.m.

**IYENGAR YOGA** - An Iyengar Yoga class concentrates on the Asanas (postures). Iyengar Yoga works with the body's correct anatomical alignment, so that each individual part, as well as the various physiological systems, may function to their best potential. Students of all levels are welcome during these sessions. **All fees paid on a monthly basis.** Call 259-3760 for current fee schedule.

**Mondays, 6:00—8:00 p.m.** Location: WCB  
(The instructor collects the fee for this class only.)  
Instructor: Rosie Taylor

**Tuesdays, 9:00—10:30 a.m.** Location: QRC  
(This class fee is collected at the QRC.)  
Instructor: Jennifer Daly

**Tuesdays, 4:30—6:00 p.m.** Location: QRC  
(This class fee is collected at the QRC.)  
Instructor: Rosie Taylor

**Thursdays, 6:00—7:30 p.m.** Location: QRC  
(This class fee is collected at the QRC.)  
Instructor: Jennifer Daly

See Location Key on Page 1 for Class Locations

# Williamsburg Farmers' Market

The 2006 Market season opens Saturday, May 6th. The last winter market will be April 11th.

Founding Sponsors of the Market are the City of Williamsburg, the Colonial Williamsburg Foundation, and Merchants Square Association. In addition, Ukrops Super Markets will sponsor the musical groups, Riverside Health System will sponsor direct marketing materials, and TowneBank will sponsor the Chef's Tent.

All markets are held in Merchants Square between Henry and Boundary Streets. Parking is encouraged at the Prince George Parking Garage P1 or P6 on Francis and Henry Streets.



To be added to the weekly e-mail newsletter please send information to:  
[loliver@williamsburgva.gov](mailto:loliver@williamsburgva.gov) or call us at (757) 259-3768

Visit us on the web at:  
[www.williamsburgfarmersmarket.com](http://www.williamsburgfarmersmarket.com)

## Quarterpath Pool

### Quarterpath Pool Opens June 3rd!

This 25-meter, 6 lane outdoor swimming pool is open to the public starting June 3rd through August 31st. The pool will be open 12:00 noon to 6:00 p.m. daily. Daily access fees for children 17 and younger is \$2/person/day and adults 18 and older is \$3/person/day.

#### **Annual membership passes are also available at the following rates:**

18 & older individual	\$48/person
17 & younger individual	\$30/person
Family (parents & children under 17)	\$120/family

Swimming lessons are taught during the morning hours for eight day sessions, Monday through Thursday.

#### **Swimming lesson schedule:**

<b><u>Session 1:</u></b> June 19 - June 29	<b><u>Registration day:</u></b> June 14
<b><u>Session 2:</u></b> July 10 - July 20	<b><u>Registration day:</u></b> July 5
<b><u>Session 3:</u></b> July 31 - August 10	<b><u>Registration day:</u></b> July 26

<b>Fees:</b>	Ages 3 months to 5 years:	\$15 for 1/2 hour class
	Ages 6 years & older:	\$30 for 1 hour class

\* Discount given for annual membership pass holders (\$12 and \$24) \*

# Adult Athletics

**3 on 3 Half Court Basketball:** Team entry registration for Men's A, B, Senior (35+) and Women's Leagues. Teams play on weeknights from 6:30 to 9:30 p.m. **Season:** June 19 to August 3  
**Register by:** June 9 **Fee:** \$200 per team

**Summer Adult Volleyball Leagues:** Leagues offered for Men's and Women's A & B Sand Quads; Men's, Women's and Mixed Sand Doubles; and Indoor Co-Ed Sixes. **Season for all leagues:** June 19 to August 3 **Register by:** June 9 for all leagues **Fees:** Men's & Women's A & B Sand Quads - \$120 per team; Men's, Women's & Mixed Sand Doubles - \$20 per team; Indoor Co-Ed Sixes (A/B/C) - \$180 per team

**Spring, Summer & Fall Tennis Leagues:** Tennis leagues are offered at the Kiwanis Park tennis courts for ages 13 and over. Matches are played on Sundays through Fridays 7:15 to 9:30 p.m. Women's Morning Leagues also offered.

**Spring League:** April 3 to June 11

**Register by:** March 27

**Summer League:** June 19 to August 17

**Register by:** June 12

**Fall League:** September 12 to November 11

**Register by:** September 8

**Fee for all leagues:** \$35 for singles / \$40 per doubles team. Fee covers balls, court costs & awards.

**Adult Spring Softball:** Leagues offered for Men's and Women's teams. Teams will play approximately 18 games. **Register by:** March 23 **Fees:** \$450 per team **Register at:** Quarterpath Recreation Center **Call:** (757) 259-3760 for more information

# Instructional Sports & Clinics

## Spring Break Sports Camps:

**Basketball:** This two-day basketball camp will be instructed by Jamestown High School Girls Head Coach, Jason Asbell. **Dates of Camp:** April 17 - 18 **Register by:** Friday, April 14 at Quarterpath Recreation Center **Fee:** \$30 per person

Session 1	6th grade - 8th grade	9:00 am to 12:00 pm
Session 2	9th grade - 12th grade	1:00 pm to 4:00 pm

**Volleyball:** This two-day volleyball camp will be instructed by Christopher Newport University Head Coach Lindsay Sheppard. **Dates of Camp:** April 19 - 20 **Register by:** Friday, April 14 at Quarterpath Recreation Center **Fee:** \$30 per person.

Session 1	6th grade - 8th grade	9:00 am to 12:00 pm
Session 2	9th grade - 12th grade	1:00 pm to 4:00 pm

40 participant maximum per group. Price includes one t-shirt per person.

## Boys and Girls Basketball Camps:

**Boys:** This four-day boys basketball camp will be instructed by Hampden-Sydney College Head Basketball Coach, Bubba Smith and Assistant Coach, Kevin Garst. **Dates of Camp:** July 31 - August 3 **Register by:** Monday, July 24 at Quarterpath Recreation Center

Ages 5 - 8	9:00 am to 11:00 am	<b>Fee:</b> \$45 first child / \$30 each additional sibling
Ages 9 - 14	12:00 pm to 3:00 pm	<b>Fee:</b> \$60 first child / \$40 each additional sibling

**Girls:** This four-day girls basketball camp will be instructed by Chris Brown and his staff from Mr. C's Hoops School. **Dates of Camp:** June 26 - June 29 **Register by:** Monday, June 19 at Quarterpath Recreation Center

Ages 5 - 8	9:00 am to 11:00 am	<b>Fee:</b> \$45 first child / \$30 each additional sibling
Ages 9 - 14	12:00 pm to 3:00 pm	<b>Fee:</b> \$60 first child / \$40 each additional sibling

# Instructional Sports & Clinics continued...

**Youth Tennis Camp** - Bob Artis, coach for Jamestown High School boys' varsity team, will instruct this four-day intermediate/advanced camp for boys and girls ages 12 to 18. This camp will be held Monday through Thursday, **August 7 to 10** from **8:30 a.m. to 11:30 a.m.** at Kiwanis Municipal Park Tennis Courts. Each participant will also receive a 30-minute lesson, which will be scheduled during the week of the camp. **Fee:** \$60 per person **Register by:** **August 4**

**Tennis Lessons – Intermediate** - This four-week instructional program is for players who are reasonably adept in the basic skills who want to move on to more advanced skills, techniques and strategy in singles and doubles. Sessions are offered in the spring, summer and fall for ages 8 to adult at Kiwanis Municipal Park Tennis Courts. Fee is \$35.00 per person per 4-week session.

**Spring Session:** April 3 to April 26 **Register by:** March 31 Instructor is Marcos Asse, Asst. Men's Coach at William and Mary and former #1 Ranked Player in Florida. Course is taught on Mondays and Wednesdays with 8 to 12 years old meeting at 5:30 p.m. and Teens & Adults meeting at 6:30 p.m.

**Summer Session:** June 19 to July 12 **Register by:** June 16 Instructor - TBA. Course is taught on Mondays and Wednesdays with 8 to 12 years old meeting at 5:15 p.m. and Teens & Adults meeting at 6:15 p.m.

**Fall Session:** September 11 to October 4 **Register by:** September 8 Instructor - TBA. Course is taught on Tuesdays and Thursdays with 8 to 12 years old meeting at 5:15 p.m. and Teens & Adults meeting at 6:15 p.m.

**USA Tennis 1, 2, 3** - This six-week, three-level instructional program is for new and returning players. The program, held at Kiwanis Park, combines instruction, play and competition while emphasizing the fun and social aspects of tennis. Sessions are offered in the spring, summer and fall for ages 8 to adult at Kiwanis Municipal Park Tennis Courts. Fee is \$55.00 per person per 6-week session.

**Spring Session:** April 4 to May 11 **Register by:** April 1 Instructor is Marcos Asse, Asst. Men's Coach at William and Mary and former #1 Ranked Player in Florida. Course is taught on Tuesdays and Thursdays with 8 to 12 years old meeting at 5:30 p.m. and Teens & Adult meeting at 6:30 p.m.

**Summer Session:** June 20 to July 27 **Register by:** June 17 Instructor - TBA. Course is taught on Tuesdays and Thursdays with 8 to 12 years old meeting at 5:15 p.m. and Teen & Adult meeting at 6:15 p.m.

**Fall Session:** September 12 to November 3. **Register by:** September 9 Instructor - TBA. Course is taught on Tuesdays and Thursdays with 8 to 12 years old meeting at 5:15 p.m. and Teen & Adult meeting at 6:15 p.m.

**Quarterpath Volleyball Camp:** This week-long camp for Girls Ages 8 to 18 will be instructed by Ed & Alanna Jackson, Assistant Volleyball Coaches of the Women's Volleyball team at the College of William and Mary. The camp will be held at the Quarterpath Recreation Center. This camp will be held Monday through Friday, July 17 to July 21. **Register by:** July 14\* Note the time and fee information for your age group:

**Youth Ages 8 - 12**

Intended for beginner to intermediate players.  
No team experience needed.

**10:00 a.m. - 11:30 a.m.**

**Fee: \$40 1st child; \$30 siblings**

**Youth: Ages 13 - 18**

Intended for Advanced Beginner, intermediate & Higher players.

**1:00 p.m. - 4:00 p.m.**

**Fee: \$80 1st child; \$60 siblings**

**Volleyball Specialty Clinics** - Offered on Tuesday evenings from 7:00 to 8:30 p.m. beginning with free all skills introductory clinic on April 11. Specialty sessions will follow on consecutive Tuesdays, April 18 & 25. April 18 session focuses on serving & passing. April 25 session deals with setting & attacking. For teens/adults. **Fee:** \$10 per person per session or \$15 per person for both sessions. **Register by:** Monday before each clinic

## Instructional Sports & Clinics continued...

**BYU Cougars Volleyball Camp** - This camp is for INTERMEDIATE to ADVANCED boys and girls in Grades 7 - 12 who compete on SCHOLASTIC or USAV JUNIORS teams.

The camp will be coordinated and instructed by Tom Peterson, Head Coach of the Brigham Young University men's volleyball team, who were the 2004 NCAA National Champions and this season, the Cougars have been ranked 1st or 2nd in the National Polls. Coach Peterson also led the Penn State University Nittany Lions men's team to the 1994 National Title and was NCAA Coach of the Year. He has over 20 years of collegiate head coaching experience and also led highly successful women's programs at the University of New Mexico and Utah State University. Helping instruct the camp will be Grayson Dubose, Assistant Coach at BYU. Coach Dubose also was Coach Peterson's assistant at New Mexico and Utah State. Camp

**Extras:** Each player will receive a BYU Volleyball Camp t-shirt, videotaping of campers to evaluate skill & technique. **Camp dates:** June 19 - 21 from 9:00 a.m. until 6:00 p.m. (*Lunch break will be 1:00 p.m. until 2:00 p.m., bring your own*) **Fee:** \$180.00 per player **Register by:** June 12.

## Tournaments

### **Starz Fast-Pitch Tournaments -**



June 3 - 4  
June 24 - 25  
August 5 - 6

Colonial Invitation  
State Tournament  
Williamsburg Classic

For more information or to register, contact Frank Rachubka at (757) 593-4716

## Special Events

**York County Summer Fun:** The York County Summer Fun Program is for children who have completed grades K-4 and 5-8. This is a five-week program that runs from June 26 - July 27, Monday - Thursday. The program is held at Waller Mill Elementary School and the cost is \$90.00 per child. **Transportation is not provided by York County.** For more information on this program, please contact the York County Parks and Recreation Department at (757) 890-3500.



**Registration begins on Monday, May 15th**  
**Quarterpath Recreation Center, Monday - Friday from 8:30 a.m. to 4:00 p.m.**

**Summer Breeze - July 2006:** Bring blankets, chairs and even dinner to Duke of Gloucester Street in Merchants Square for performances by local artists ranging from Big Band to jazz to Dixieland music. Concerts start at 6:30 p.m., but you need to get there earlier to get a good spot. For more information call (757) 220-7751. **Look for more information in our next newsletter!**

# Waller Mill Park Information

**Starting March 1, 2006**, the Williamsburg Recreation Department will offer an annual non-resident membership pass to the Waller Mill Dog Park for dog owners outside the City of Williamsburg and James City County.



**Williamsburg & James City  
County Residents**

**\$10 1st Dog  
\$5 each additional dog  
in the same family**

**Non-Residents**

**\$50 1st Dog  
\$25 each additional dog  
in the same family**

**Daily Access Fee**

**\$2.00 a day**

The Dog Park is open during normal park hours. Please register at the Operations Building at Waller Mill Park. **We hope to see you there!**



## Kayak Classes:

Waller Mill Park will be offering Kayak classes for Intro-Beginner and Stroke Refinement.

### Intro-Beginner:

May 15	9 a.m. to 3 p.m.
June 19	8 a.m. to 2 p.m.
July 10	8 a.m. to 2 p.m.



### Stroke Refinement:

August 21	8 a.m. to 2 p.m.
September 11	8 a.m. to 2 p.m.

**Fee: \$50**

**Location: Waller Mill Park**  
For more information,  
please call (757) 259-3778

## 2006 Hours of Operation:

(open year round **weather permitting**)

<b>January—February</b>	8:00 a.m. to 5:00 p.m.
<b>March—April 1</b>	7:00 a.m. to 6:00 p.m.
<b>April 2—May</b>	7:00 a.m. to 7:00 p.m.

### **Memorial Day Weekend to Labor Day Weekend:**

Open 6:00 a.m. weekends only

<b>June—August</b>	7:00 a.m. to 8:00 p.m.
<b>September (after Labor Day)</b>	7:00 a.m. to 7:00 p.m.
<b>October 1—28th</b>	7:30 a.m. to 6:00 p.m.
<b>October 29th—December</b>	8:00 a.m. to 5:00 p.m.

**2006 Scheduled Closings:** November 23rd, December 24th - 25th, December 31st and January 1st, 2007

Hiking trails provide an interesting, picturesque walk with water and wooded views. A two-mile asphalt bike trail offers a scenic connection between Mooretown and Rochambeau Roads. A short hike from the Park along the asphalt bike trail will bring you to the Lookout Tower, which offers a panoramic view of the water and woodlands.



*In an effort to preserve the natural characteristics of the park, feeding of wildlife is prohibited.!*



## QRC On-going Activities

**Open Play** - Basketball open play is offered Monday through Friday from 1:00 pm to 5:00 pm in the air conditioned / heated gymnasium. Volleyball open play for intermediate to advanced players is offered on Sundays from 6:00 pm to 8:00 pm. Basketballs and volleyballs are provided (personal balls are not allowed). Daily fee for either basketball or volleyball is \$2 per person. Memberships can be purchased for six months at \$15 per person or annually for \$24 per person.

**Walking Club** - This program provides an excellent opportunity for individuals who want to exercise but do not want aerobics or may not be physically able to do other types of exercises. Walkers are encouraged to walk at their own pace in the comfort of the air conditioned / heated gymnasium, Monday through Friday, 8:00 am to 1:00 pm. Walkers keep track of how many laps they walk (11 laps = 1 mile) and then record it on the sign-in sheet. The laps are then translated into miles and incentives are given beginning with 25 miles. This program is free to the public.

**Activity Room** - The activity room is open daily during operation hours. Billiards is offered for \$1/ pay-as-you-play and table tennis with the purchase of a ball for 25¢. Room is also equipped with a big-screen TV and tables for games.

## General Information

### Williamsburg Parks & Recreation

#### Telephone Numbers:

**Activities Hot Line** .....757-259-3777  
**QRC Front Desk** .....757-259-3760  
**Administrative Offices** .....757-259-3764  
**Office Fax** .....757-259-8064

#### Hours of Operation:

Monday - Friday: 8:00 a.m. - 9:00 p.m.

Saturday: 9:00 a.m. - 6:00 p.m.

Sunday: 1:00 p.m. - 8:00 p.m.

(Other hours as per activity.)

Administrative Office: 8:00 a.m. - 5:00 p.m.

*"The City of Williamsburg does not discriminate on the basis of race, color, national origin, sex, religion, age, sexual orientation, or disability in employment or the provision of services."*

### Visit us on the Web at:

[www.williamsburgva.gov/dept/rec](http://www.williamsburgva.gov/dept/rec)

#### Mailing Lists Available:

To sign up to receive the quarterly newsletter, **Leisure Times**, by mail, leave your name and address at the front desk or call the Administrative Office (757) 259-3764 with the same information.

To sign up for an email mailing list, which will alert you by email of registration deadlines, cancellations, special events, etc., go to the recreation website (above) and click on the "Announcement List" from the menu on the left and follow the instructions.

## REGISTRATION/REFUND INFORMATION

All registrations are accepted on a first-come, first served basis. Stop by the office at the Quarterpath Recreation Center to complete the registration/waiver form and pay the required fee (cash or check made payable to Williamsburg Recreation, VISA or MasterCard). The Williamsburg Department of Parks and Recreation does not discriminate on the basis of disability in the admission or access to, or treatment or employment in, its programs or activities. Class refund requests must be made prior to the first day of class. Any request for a refund after the first day of class for illness, injury or re-location is subject to review by the Director. All refunds will be assessed a 10% administrative fee, not to exceed \$5.00. Each athletic activity will be publicized with its own date as to when refunds will no longer be given.

**FEES AND ACTIVITY DATES/TIMES ARE SUBJECT TO CHANGE WITHOUT NOTICE**